

# Wellness Way Of Life 10th Edition

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08.09.2022 · A-Z Wellness Academy series at Sanford Ctr. begins Sat. Come join in the A-Z Wellness Academy, a four part lecture series, with Dr. Susan Duve, DC, ND, FIAMA, ACN, at the Sanford Community Center, located at 907 8th St., beginning this Sat.. (Sept. 3) from 2-4 p.m. The first topic in the series is Diabetes Education. A new topic will be pre-